

ALERGEDDAU AC ANODDEFGARWCH BWYD

Cyn archebu eich bwyd a diod, siaradwch ag aelod o staff os gwelwch yn dda os hoffech gael wybodaeth am ein cynhwysion.

EITEMAU BRECWAST

Brecwast Llawn **50c**
Cig moch wedi'i grilio, selsig cig neu **yr eitem**
selsig quorn, madarch, ffa pob,
tomatos, wy o'ch dewis (wedi'i sgramblo,
potsio, ffrio), hash brown, tost.

Brechdan Frecwast **£2.95**
Sara bloomer cartref wedi'u llenwi â
selsig, dwy sleisen o gig moch ac wy wedi'u ffrio.

Cacen De wedi'i Thostio **£1.50**
gyda menyn Cymreig a jamiau.

DEWIS Y COGYDD

Ham Cymreig, dau wy wedi'u ffrio a
sglodion cartref. **£4.95**

Cyrri Cyw iâr neu Gyrri Quorn gyda siytini
mango, poppadom a sglodion neu reis. **£4.95**

Sgampi â briwsion bara gyda sglodion,
pys a saws tartar. **£4.95**

Ffon fara gyda stecen a winwns gyda
sglodion. **£4.95**

Brechdan Glwb - cyw iâr, cig moch, letys
a thomato a bara wedi'i dostio, gyda sglodion. **£4.95**

Omlled tri wy - **£3.50**
gyda dau o'r llenwadau canlynol- Caws aeddfed
Cymreig, ham, winwns/nionod, madarch neu
domato gyda salad a dresin.

Cawl cartref y dydd gyda ffon fara
wedi'i sleisio. **£2.95**

DIODYDD

Te	£1.20	Cappuccino	£1.95
Te Arbennig	£1.50	Espresso	£1.30
Siocled Poeth	£2.10	Latte	£2.10
Americano	£1.50	Dŵr Llonydd/Pefriol	£1.40
Coffi Llaethog	£1.95	Diodydd Ysgafn	£1.50

Cynnyrch Cymreig  Dewis Llysieuol 

BAR BRECHDANAU-DEWISWCH EICH BARA

Gyda chreision Cymreig a gamais salad.

Ciabatta, Panini, Bara Bloomer Gwyn/Brown,
Ffon Fara (Baguette)

DEWISWCH EICH LLENWAD

Ham Cymreig wedi'i halltu gyda **£3.25** 

mwstard grawn cyflawn

Caws aeddfed Cymreig a phicl **£3.25** 

Eog mwg gyda chaws hufen **£3.25** 

Coctel Corgimychiaid **£3.25** 

Tiwna gyda mayonnaise a chiwcymer **£3.25**

Brest o gyw iâr gyda mayonnaise 'light' **£3.25**

Brie a llysiau Canoldirol wedi'u rhostio **£3.25** 


SALADAU

Mae pob salad yn cynnwys dall cymysg, tomato,
ciwcymer, winwns/nionod coch, pupurau cymysg,
colsllo a salad tatws.

Pob Salad
£4.25

Dewis:

Ham Cymreig wedi'i halltu 

Caws aeddfed Cymreig 

Brest cyw iâr wedi'i botsio

Eog mwg a phupur du

Coctel Corgimychiaid

Tiwna gyda Mayonnaise

AR YR OCHR

Sglodion Cartref **£1.50**

Cylchau Winwns/Nionod **£1.20**

Colsllo **£1.20**

Ciabatta Garlleg gyda Chaws **£1.50**

Madarch hufennog gyda garlleg **£1.50**

TATWS POB

Tatws pob gyda dewis o lenwadau gyda
gamais salad.

Plaen **£2.00**

Llenwadau sydd ar gael: **£3.50**

Ham, Cig moch, Caws aeddfed Cymreig,

Tiwna gyda Mayonnaise, Porc wedi'i dynnu

gyda saws BBQ, Cyrri Cyw iâr/quorn neu

Goctel Corgimychiaid.

Tsili neu fadarch garlleg.

Ffa pob neu golslo **£3.00** 

Llenwadau ychwanegol **50c yr un**

Blasus
LOLFA
GOFFI
COFFEE
LOUNGE

Menu

WELCOME TO BLASUS, OUR COLLEGE TRAINING RESTAURANT

Customers are kindly reminded that Blasus is a classroom environment that prepares students for the hospitality industry. Your role as a customer is valuable to their training and we thank you for your patience and support.

OPENING TIMES

Monday - Friday 10.00am - 1.30pm

BLASUS COFFEE LOUNGE

NPTC Group of Colleges,
Dŵr-y-Felin Road, Neath
Tel. (01639) 648342



FOOD ALLERGIES & INTOLERANCES

Before you order your food and drinks, please speak to a member of staff if you want to know about our ingredients.

BREAKFAST ITEMS

Full breakfast **50p**
Grilled bacon, meat or quorn sausages, mushrooms, baked beans, plum tomatoes, poached, scramble or fried egg, hash brown, toast. **per item**

Breakfast bloomer sandwich **£2.95**
Homemade bloomer bread filled with a sausage, two rashers of bacon and a fried egg.

Toasted teacake **£1.50**
with Welsh butter and preserve.

CHEF'S CHOICE

Welsh ham, double fried eggs and hand cut chips. **£4.95**

Chicken or Quorn Curry served with mango chutney, poppadoms, rice or chips. **£4.95**

Breaded scampi with chips, peas and tartar sauce. **£4.95**

Steak Baguette, steak and onion in a homemade baguette served with chips. **£4.95**

Club Sandwich: chicken, bacon, mayo, lettuce & tomato in toasted bread served with chips. **£4.95**

Three egg omelette - filled with two of the following fillings: Mature Welsh cheddar, ham, onion, mushroom or tomato served with a dressed salad. **£3.50**

Homemade soup of the day served with sliced baguette. **£2.95**

BEVERAGES

Tea		£1.20	Cappuccino	£1.95
Speciality Teas		£1.50	Espresso	£1.30
Hot Chocolate		£2.10	Latte	£2.10
Americano		£1.50	Sparkling/Still Water	 £1.40
Milky Coffee		£1.95	Soft Drinks	£1.50






 **Welsh Produce**  **Vegetarian Option**

SANDWICH BAR - SELECT YOUR BREAD

All served with Welsh crisps and salad gamish.

Ciabatta, Panini, White/Brown Sour Dough Tin Loaf, Baguette.



NOW SELECT YOUR FILLING

Welsh cured ham and wholegrain mustard	£3.25	
Mature Welsh cheddar and pickle	£3.25	
Smoked salmon with cream cheese	£3.25	
Prawn in Marie rose sauce	£3.25	
Tuna mayonnaise and cucumber	£3.25	
Breast of chicken & light mayo	£3.25	
Brie and roasted vegetables melt	£3.25	

SALADS

All salads are served with mixed leaves, tomato, cucumber, red onion, mixed peppers, coleslaw and potato salad.

All Salads
£4.25

Choose from:
Welsh cured ham 
Mature Welsh cheddar 
Lean chicken breast
Smoked salmon and black pepper
Prawn in Marie rose sauce
Tuna mayonnaise

SIDES

Hand cut chips	£1.50
Onion rings	£1.20
Coleslaw	£1.20
Garlic Ciabatta with cheese	£1.50
Creamy garlic mushrooms	£1.50

JACKET POTATO

Baked potato with a choice of fillings all served with salad gamish.

Plain	£2.00
Fillings available:	£3.50

Ham, Bacon, Mature Welsh Cheddar, Tuna Mayo, Chicken or Quorn Curry, Prawn In Marie rose sauce, or Garlic Mushrooms

Baked beans or coleslaw
Extra fillings **£3.00**
50p each

Blasus
LOLFA
GOFFI
COFFEE
LOUNGE

Bwydlen

**CROESO I BLASUS, EIN BWYTY
HYFFORDDI YN Y COLEG**

Rydym yn atgoffa'n cwsmeriaid bod Blasus yn amgylchedd hyfforddi sy'n paratol dysgwyr ar gyfer y diwydlant arlwyyo.

Mae elch rol fel cwsmer yn bwysig i'w hyfforddiant ac rydym yn ddiolchgar i chi am elch amynedd a'ch cefnogaeth.

ORLAU AGOR

Dydd Llun - Llun Gwener 10.00am - 1.30pm

BLASUS - LOLFA GOFFI

Grŵp Colegau NPTC,
Heol Dŵr-y-Felin, Castell-nedd
Ffôn. (01639) 648342

