SCHOOL OF SPORT & PUBLIC SERVICES COURSE INFORMATION 2018/19

Coleg Bannau Brycheiniog
Brecon Beacons College

RHAN O GRŴP COLEGAU NPTC
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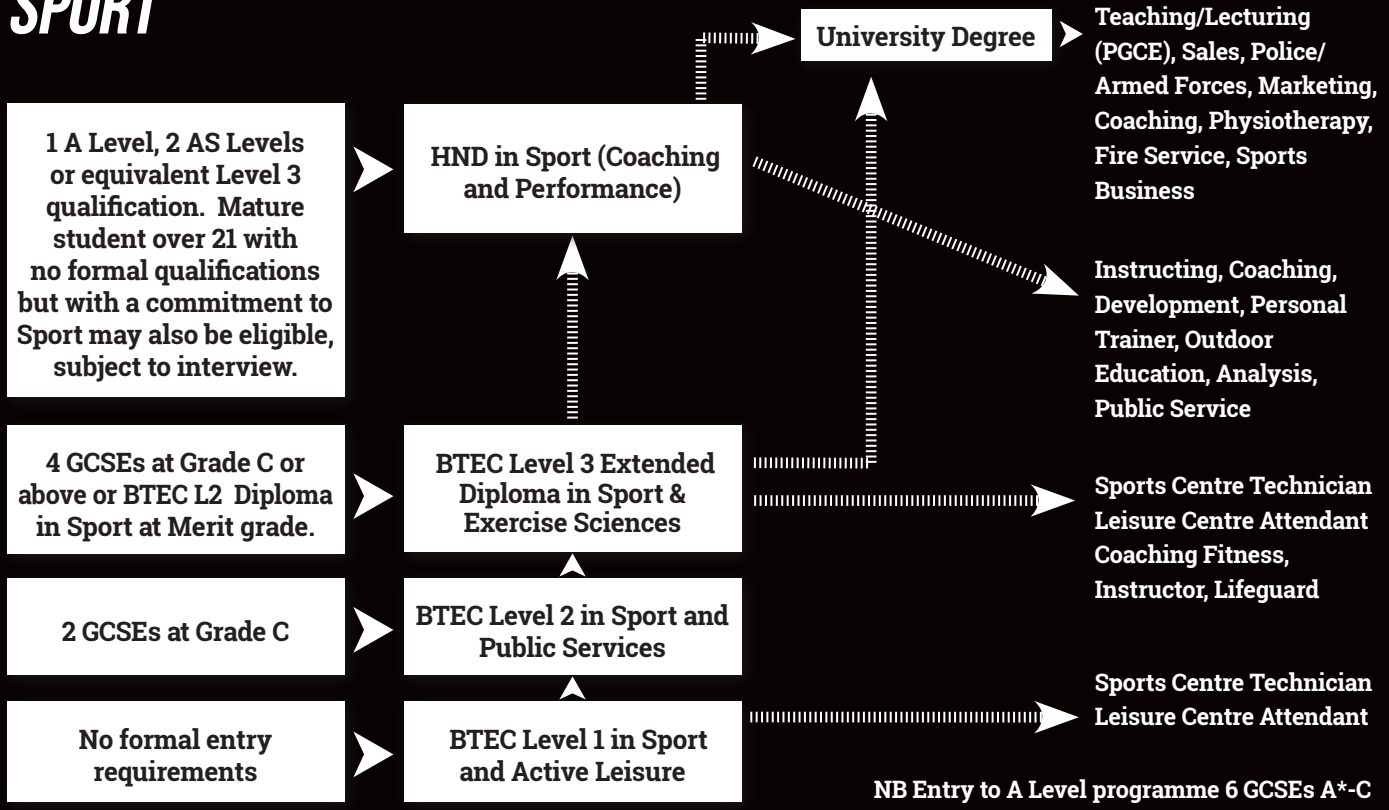
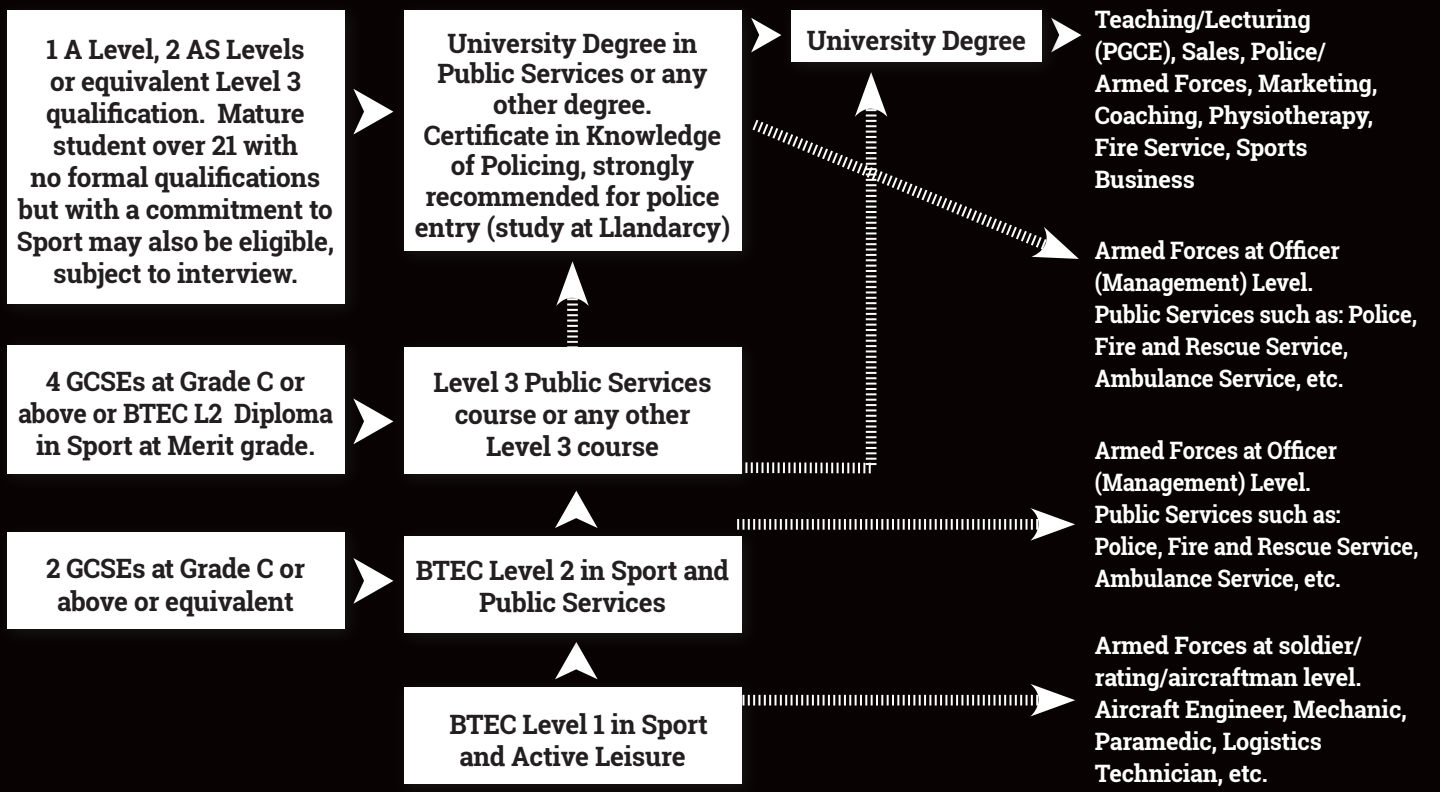
CURRICULUM PATHWAYS

SPORT



NB Entry to A Level programme 6 GCSEs A*-C

PUBLIC SERVICES



NB Entry to A-level programme 6 GCSEs A*-C

INTERESTED IN SPORT?

GRŴP COLEGAU NPTC GROUP OF COLLEGES

FOR MORE INFORMATION PLEASE CONTACT:

SPORT

RHIAN DAVIES - TEL: 01686 614494

STEPHEN THOMAS - TEL: 01686 614420

FULL-TIME COURSES

BTEC LEVEL 1 IN SPORT AND ACTIVE LEISURE

LENGTH OF COURSE
One year.

ENTRY REQUIREMENTS
No specific entry requirements but an interest and an ability to participate in physical activity is essential.

3 CORE UNITS
- Participating in Sport
- Working Safely in Sport and Active Leisure
- Understanding the Active Leisure and Learning Sector.

ADDITIONAL UNITS
- Taking part in sport
- Components and Function of the Body
- Plan, Deliver, and Evaluate a Sporting Activity
- Improving Personal Health and Fitness.

MODE OF ATTENDANCE
Full-time.

METHOD OF ASSESSMENT
Practical Performance and Assessments and Assignment-based Internal Assessments.

PROGRESSION
- Level 2 Extended Certificate in Sport
- Level 2 Diploma in Public Services.

CAREER PROSPECTS
Employment in the expanding areas of Sport, Recreation and Leisure.

APPROXIMATE COURSE COSTS
Optional Sports Kit Package.

CONTACT DETAILS
Rhian Davies
Tel: 01686 614494
Steve Thomas
Tel:01686 614420

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BTEC LEVEL 2 COMBINED SPORT & PUBLIC SERVICES

This sport and public services course is a practical, work-related course. You learn by completing both practical and written assessments alongside completing projects that are based on realistic workplace situations, activities and demands of both the sports industry and the Public Services. You will look at different aspects of both sectors and the course provides you with a good basis to go onto a more advanced work-related qualification.

LENGTH OF COURSE

One year

ENTRY REQUIREMENTS

Either 2 GCSE's at grades D-G or above (2 of which must be at grade D or above) or other related Level 1 or 2 qualifications.

MODE OF ATTENDANCE

Full-time

CAREER PROSPECTS

You can return to college to study a Level 3 qualification. This programme will help you decide which subject to choose. You can progress on to a Level 3 course to work towards qualifications to go to university. You can also use the qualification to help you find work in a related area.

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BTEC LEVEL 3 EXTENDED DIPLOMA IN SPORT & EXERCISE SCIENCES

LENGTH OF COURSE

Two year.

SYLLABUS

- Anatomy for Sport & Exercise
- Sport & Exercise Physiology
- Sport & Exercise Psychology
- Sports Coaching
- Sports Nutrition
- Practical Team Sports
- Practical Individual Sports
- Sports Massage
- Fitness Testing & Training
- Work Experience
- Fitness Training & Programming
- Sports Injuries
- Analysis of Sports Performance.

ENTRY REQUIREMENTS

Four GCSEs at Grade C or above.

EXTRA SUBJECTS

- Maths GCSE
- CSLA - Sport Leaders
- English GCSE
- Essential Skills
- CYQ - Level 2 Gym Instructions
- Welsh Baccalaureate.
- HSLA (2nd year)
- Coaching qualifications

MODE OF ATTENDANCE

Full-time.

METHOD OF ASSESSMENT

Continuous assessment through assignments, seminars and exams.

PROGRESSION

Entry into Higher Education, e.g. Cardiff Metropolitan, Loughborough and University of South Wales. Also students can progress onto the HND in Sport (Coaching and Sports Development).

APPROXIMATE COURSE COSTS

- Optional sports kit package
- DBS £44.

The course is supported by a 10-night biennial trip to the United States of America where learners carry out research at the prestigious University of Florida and NBA Orlando Magic Headquarters.

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INTERESTED IN PUBLIC SERVICES?

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FOR MORE INFORMATION, PLEASE CONTACT:

PUBLIC SERVICES
SIMON NEW - TEL: 01686 614460
RHIAN DAVIES - TEL: 01686 614494

BTEC LEVEL 3 EXTENDED DIPLOMA IN PUBLIC SERVICES

LENGTH OF COURSE

Two years.

ENTRY REQUIREMENTS

You will need to have at least one of the following:

- BTEC First Certificate or Diploma in a related subject merit grade
- Four or five GCSEs at Grades A*-C
- Relevant Level 2 qualification.

SYLLABUS

Core Units - Year 1

- Government policies and the public services
- Leadership and teamwork
- Citizenship, diversity and the public services.

Core Units - Year 2

- Understanding discipline in the public services
- Fitness testing and training for public services.

Specialist Units

- Responding to emergency incidents
- Physical preparation, health & lifestyle
- Understanding war & conflict
- Outdoor adventurous activities.

Extra Subjects:

- **Maths (GCSE), English (GCSE)**
- **First Aid**
- **CSLA**

Essential Skills:

- **Welsh Baccalaureate.**

MODE OF ATTENDANCE

Full-time.

METHOD OF ASSESSMENT

All units are assessed through coursework and practical assessments.

PROGRESSION

- Police force
- Armed forces
- Fire service
- Outdoor activity centres
- University
- Paramedic science
- Criminology
- Policing
- Forensic science
- Outdoor education.

CAREER PROSPECTS

This qualification will also allow entry into Industry, the Public Services and other sports-related areas.

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HIGHER EDUCATION COURSES

HND SPORT & EXERCISE SCIENCE

The Level 5 HND consists of the Level 4 HNC plus an additional 120 credits at Level 5 delivered via the General Sport & Exercise Science pathway or one of the following two Specialist pathways:

- Coaching Science
- Exercise, Health & Lifestyle.

Qualification credit value: a minimum of 240 credits, of which 120 credits are at Level 5, and 120 credits are at Level 4 and usually attained via the HNC.
There is a required mix of Core, Specialist and Optional units totalling 240 credits. The Core unit required for each Level 5 Specialist pathway (in addition to the Specialist units) is Unit 14: Research Project, which is weighted at 30 credits.

LENGTH OF COURSE

2 years

SYLLABUS

Modules include:

- Nutrition
- Fundamentals of Sport & Exercise Psychology
- Anatomy & Physiology
- Professional Skills (Pearson-set)
- Coaching Practice & Skill Development
- Training, Fitness, Testing.

You will be required to undertake a work placement as part of this programme.

MODE OF ATTENDANCE

Full-time

ENTRY REQUIREMENTS

Entry criteria detail a typical offer but the College considers all applications on an individual basis which means that we could make offers based on qualifications, personal profile and experience. If you have any queries regarding your offer, please contact our Admissions Team.

METHOD OF ASSESSMENT

You will have to complete presentations, practical assessments and written assignments as you progress through the programme. There are some modules that require an exam.

PROGRESSION

The recognised progression route for this programme is the BSc (Hons) Sports Coaching at the University of South Wales. Graduates have employment prospects in sports coaching, for example: community coach, school coach, 5x60 officer, sports instructors, sports specific coach, sports development officer and the wider health and fitness industry.

ADDITIONAL COURSE COSTS

Sports kit - optional purchase.
Travel to and from your work placements.

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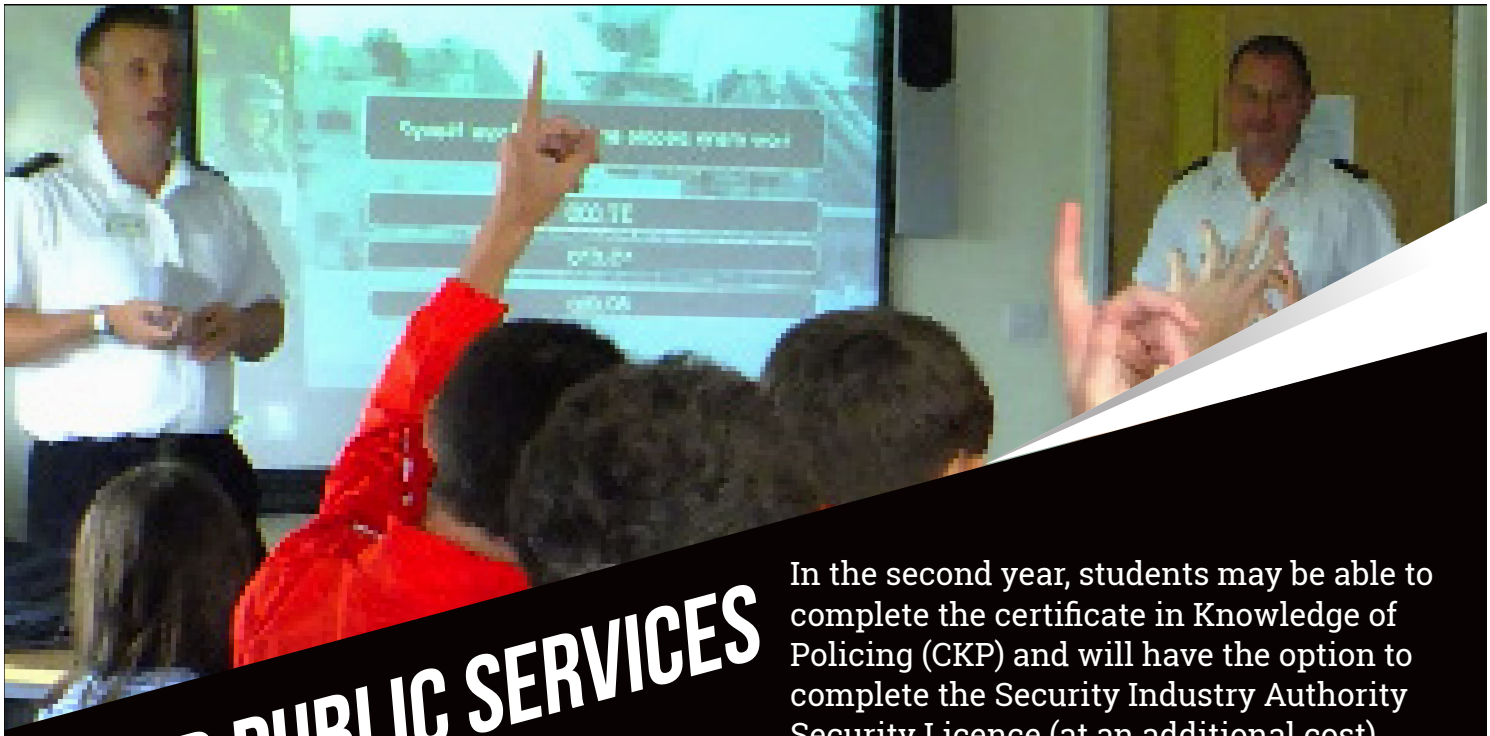

HND PUBLIC SERVICES

This programme will suit students who wish to develop the knowledge and understanding of public services, both uniformed and non-uniformed.

LENGTH OF COURSE

2 years

MODULES INCLUDE:

- Small-scale Research Projects in Public Services (PS)
- Organisations and Behaviour in the PS
- Government, Decision Making and the PS
- Health and Safety Management in the PS
- Personal Outdoor Skills, Custodial Care Services in the PS
- Fair Treatment in the PS
- Emergency Planning, Technology and the PS
- Aspects of Criminal Law, Crime Reduction and Community Safety
- Justice and Punishment
- Personal and Professional Development.

Modules are subject to change following the release of the new Pearson specifications for first delivery from September 2018.

In the second year, students may be able to complete the certificate in Knowledge of Policing (CKP) and will have the option to complete the Security Industry Authority Security Licence (at an additional cost) which allows holders to legally work in the security and events industry.

ENTRY REQUIREMENTS

Entry criteria detail a typical offer but the College considers all applications on an individual basis which means that we could make offers based on qualifications, personal profile and experience. If you have any queries regarding your offer please contact our Admissions Team.

Typical offer: 2 A Levels at E Grade or PP/PPP profile from a BTEC Level 3 qualification and five GCSEs at Grade C or above, to include English and Maths (or equivalent qualifications).

SYLLABUS

Students will be assessed through written assignments, examination electronic assessment and work-based evaluation.

MODE OF ATTENDANCE

Full-time

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POWYS SPORT ACADEMY

The Sports Academy at NPTC Brecon Beacons Campus takes a multi-dimensional approach to enhancing athletic performance and suits students from all sporting disciplines. The academy uses the facilities of Brecon Leisure Centre which include an Athletics Track, Astro Turf Pitch, Sports Hall and Tennis / Netball Courts. On site the college has its own training pitch and state of the art strength and conditioning centre. The teaching facilities include three teaching rooms, an IT facility and a sports laboratory, all with interactive white boards. An up to date virtual learning environment is in place. The lecturers are highly experienced in their own field and are well supported by college staff for all other student learning requirements.

Sport Courses:

A number of sport courses are on offer from Level 1/2 Sport, Level 3 Extended Diploma in Sport and Exercise Science and the HND in Sport Coaching and Performance. The content of these courses reflects the performance approach to sport, and consists of both traditional approaches such as Anatomy, Physiology, Sports Nutrition and Sports Psychology, to relatively modern disciplines such as Sports Coaching and Sport Massage. The Level 3 course has a superb record for getting students into Higher Education, with offers being received from some of the top sporting universities in the country, such as Cardiff Metropolitan and Loughborough. In addition to the main sports qualifications we offer student's additional qualifications e.g. CYQ Level 2 Fitness Instructor's Award and the Community Sports Leader Award.

The Strength and Conditioning Centre:
Here the most innovative and effective programmes are available to meet the entire key fitness variables characteristic of elite performance: speed, agility, strength, power. co-ordination, balance and dynamic mobility. Sessions are delivered as part of the college programme and are designed to fit effectively around academic study and specialist sports coaching.

Sports Academies:

Students also have access to high quality coaching in a number of sports e.g. volleyball, badminton and gymnastics. A coach academy with Welsh Hockey has been set up in Brecon and students can also represent the college football, netball and rugby teams based at Llandarcy. Fixtures usually take place on a Wednesday afternoon. Where a specific sporting discipline is not delivered, links with local clubs and organisations provide the coaching expertise. The college has a record of sporting success in winning national championships in a variety of sports and can also boast 50+ International caps across a range of sports: judo, table tennis, hockey, rugby, netball, football, sailing, mountain biking and badminton. The Academy also has the luxury of a 5x30 officer who has the remit to promote health and well-being for all staff and students across the College by offering a range of recreational activities outside the traditional elite performance programmes.

SUCCESS STORIES

NICOLA JONES

(Welsh Colleges & Welsh U18 Hockey International)

Completed a National Diploma in Sport and Exercise Science (DDM) at Brecon College and went on to achieve an HND in Strength and Conditioning & Sports Coaching at The University of South Wales. Nicola plays a major role in Powys Sport as the Dragon Sports Co-coordinator, 5x60 Officer for Gwernyfed/Crickhowell schools and as a Community Sports Development Officer.

ELIN WOZENCRAFT

(Welsh Colleges Hockey and Cross Country)

Completed a National Diploma in Sport and Exercise Science (DDD) at Brecon College and went on to achieve BA in Sport, Exercise and Physical Education at the University of South Wales. Became a 5x60 officer with Sport Powys and ran the Community Sport Development Programme. Currently Elin is the Senior Sports Development Officer for South Powys.

DANNY LYDIATE

(Welsh Colleges & Wales U20 Rugby, Newport Gwent Dragons, Racing Metro 92, Ospreys, British & Irish Lion, Welsh International 62 Caps)

Completed a National Diploma in Sport and Exercise Science (MMM) at Brecon College and went on to achieve an HND in Strength and Conditioning. A full-time professional rugby player on a dual contract between the WRU and the Ospreys.

NOTES

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