



Level 2 Counselling (Part-Time)

This qualification is designed to give learners the underpinning knowledge, skills and competencies to use counselling skills ethically and safely in a variety of contexts and roles.

This qualification is for those starting the first level of training as a professional counsellor, those who want to learn counselling skills in other professional or helping roles, and those who want to improve their professional and personal relationships as part of personal development.

Entry Requirements

No previous training or experience required.

Career Prospects

This qualification could lead to employment or increase employability for those whose role is to support others in e.g. health and social care work, teaching and learning, advocacy and mediation, support and project work, other helping roles.

It provides additional skills for those already in employment likely to lead to increased opportunities for promotion and advancement.

Course Modules

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- Work within the limitations of the helping role
- Establish boundaries for helping work
- Communicate empathic understanding
- Focus on the helper's agenda
- Understand the importance of self-awareness in helping work
- Use listening and responding skills
- Use review and feedback to develop initial counselling skills

Assessment

Candidates must be Proficient in both internal and external assessment to achieve the qualification.



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Internal assessment: tutor assessment of candidate portfolio evidencing minimum assessment requirements and verified by CPCAB.

External assessment: externally assessed written paper after watching a CPCAB DVD under exam conditions and assessed by CPCAB.

STUDY MODE

PT

LOCATION

COURSE LENGTH

1Y