



# Level 2 Award in Manual Handling Principles and Practice (Part-Time: Online Delivery)

This course is designed for individuals who carry out manual handling at work and provides essential information about controls, hazards and how to reduce the risk of injury.

This course covers the following topics:

- What is manual handling?
- Manual handling injuries
- Legislation
- Avoiding manual handling
- Accident reporting
- Risk assessments
- Risks associated with lifting and handling
- Loads
- Working environment
- Other environmental factors
- Individual capability
- Good practice
- Anatomy and physiology

## Entry Requirements

This qualification is available to learners aged 18 years or over. Learners must have the literacy skills to be able to read and self-learn the reference manual and additional resources. The learner will need access to a computer with an internet connection in order to access the distance learning resources and communicate with the Trainer/Assessor

## Course Modules

This course covers the following topics:

- What is manual handling?



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Business Development



Inspiring Learning,  
Enriching Lives, Delivering Success

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## **Assessment**

Assessed via a professional discussion.

## **STUDY MODE**

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## **LOCATION**

Neath College - 03308 188 100

## **COURSE LENGTH**

1D

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